

# THE COUCH: AFTER HOURS

Compeer Niagara has a free, safe, and comfortable space for  
Niagara County

**Teens & Young Adults 16-20.**

Spend time with friends, make new friends, and hang out! Movies, videogames, boardgames, art supplies, and snacks will be available.



**BEGINNING JANUARY 2023**

**EVERY WEDNESDAY OF THE MONTH**

**7:00-8:30pm**

**The Mental Health Association in  
Niagara County**

**36 Pine Street Lockport, NY 14094**

**Participants can arrive and leave at any time  
during program hours.**

**Call Compeer Niagara at the MHA 716-433-3780  
or email Tara Porter, Compeer Niagara Director  
[tporter@mhanc.com](mailto:tporter@mhanc.com) for more details.**



**Compeer®** | Niagara  
Mental Wellness Starts With Friendship